

# MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT

Resources in Ukrainian language V1.0



## KEY RESOURCES

IASC Guidelines on Mental Health and Psychosocial Support in Emergency Settings. (IASC, 2007).

E U



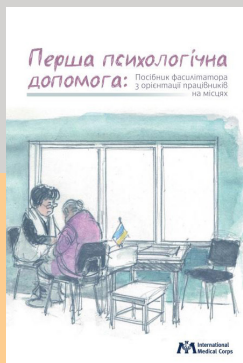
IASC MHPSS RG Assessment Guide. (IASC MHPSS RG, 2012).

E U



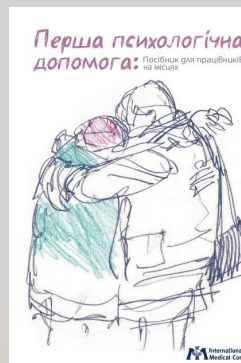
Psychological first aid: facilitator's manual for orienting field workers. (WHO, 2013).

E U



Psychological first aid: Guide for field workers. (WHO, World Vision, War Trauma Foundation, 2011).

E U



Advocacy package. (IASC MHPSS RG, 2011).

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Doing What Matters in Times of Stress. (WHO, 2020).

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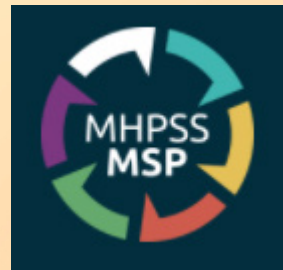
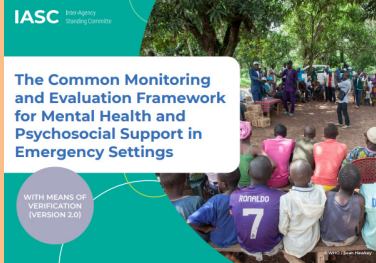


E : English

U : Ukrainian

**IASC Common Monitoring and Evaluation Framework for Mental Health and Psychosocial Support in Emergency Settings: With means of verification (Version 2.0).** (IASC, 2021).

E



**The Mental Health and Psychosocial Support Minimum Services Package (MHPSS MSP) - field-test version.**

E

U

**Who is Where, When, Doing What (4W's) in MHPSS. MHPSS Service mapping Ukraine** (Dec 2021).

E

**Ukraine MHPSS Technical Working Group.**

E

## GENERAL RESOURCES

**IASC Guidelines on Mental Health and Psychosocial Support in Emergency Settings, Checklist for Field Use.** (IASC MHPSS RG, 2008).

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**IASC, Mental Health and Psychosocial Support in Emergency Settings: What should Protection Programme Managers Know?** (IASC MHPSS RG, 2011).

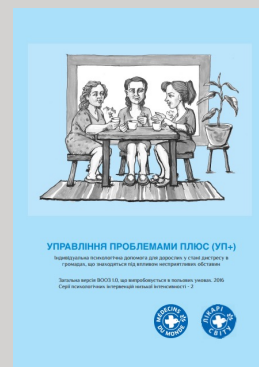
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**Inter-Agency Referral Form and Guidance Note.** (IASC MHPSS RG, 2017).

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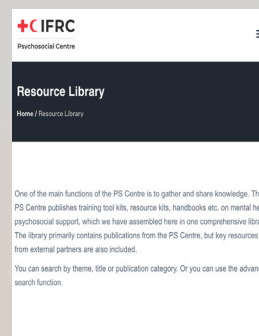
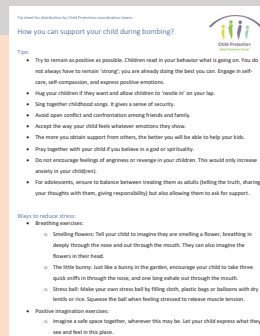
**Problem management plus (PM+): individual psychological help for adults impaired by distress in communities exposed to adversity.** (WHO, 2016).

E

U

**How you can support your child during bombing? Tipsheet.** (CP AOR).

E



**IFRC Ps Centre Resources.**

E



# MHPSS DURING COVID-19

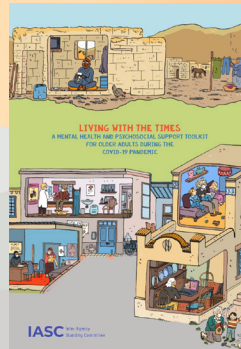
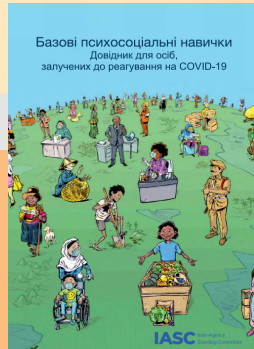
IASC Interim Briefing Note on COVID-19 Outbreak Readiness and Response Operations – MHPSS. (IASC, 2020).



IASC Guidance on Operational considerations for multisectoral mental health and psychosocial support programmes during the COVID-19 pandemic. (IASC, 2020).



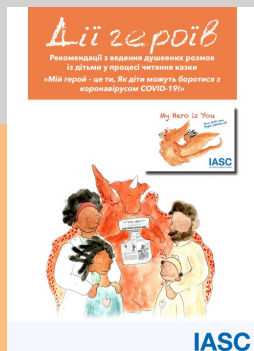
Basic Psychosocial Skills: A Guide for COVID-19 Responders. (IASC, 2020).



Living with the Times: A MHPSS Toolkit for Older adults during COVID-19. (IASC, 2021).



Action for Heroes: A Guide for heart-to-heart chats with Children to accompany reading of My Hero is You. (IASC, 2021).



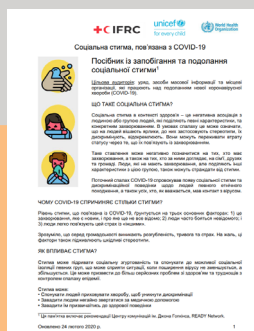
My Hero is You: How kids can fight COVID-19. (IASC, 2020).



My Hero is You 2021: How kids can hope with COVID-19. (IASC, 2021).



Social Stigma associated with COVID-19. (WHO, IFRC, UNICEF, 2020).



Overview of tools and resources for MHPSS during COVID-19.



## UKRAINE MHPSS TECHNICAL WORKING GROUP

Ukraine MHPSS technical working group (MHPSS TWG) was created in October 2015 as part of the cluster system in Ukraine focused on relevant MHPSS activities and issues. At the moment MHPSS TWG is a cross-sectoral working group that works with focal points in each of the sectors and with accountability in sectors under health, protection, and education. MHPSS TWG is part of and guided by the global **IASC Reference Group on mental health and psychosocial support in emergency settings (IASC MHPSS RG)**. Ukraine MHPSS TWG is co-chaired by WHO and IMC at the national level in Kyiv.

Ukraine TWG co-chairs contact: [mhps.twg.ukraine@gmail.com](mailto:mhps.twg.ukraine@gmail.com)  
Resources Ukraine TWG: [Ukrainian](#), [English](#)

To submit any relevant resource missing from this overview or to request information please send an email to IASC MHPSS RG at: [mhps.refgroup@gmail.com](mailto:mhps.refgroup@gmail.com).  
To submit activities for the mapping of activities, please contact Marcio Gagliato at [marcioscj@gmail.com](mailto:marcioscj@gmail.com)